

Abstract

A method of helping to secure an infant in a child's car seat and to prevent slouching of the infant in the car seat includes the step of placing a cushion having a unitary tube shaped structure into the car seat and placing an infant into the car seat where the tube-shaped structure has an upside-down U-shape including two legs with two axial ends and a base portion where the two legs are joined together. The base portion is located at the top of the back surface of the car seat and the two axial ends of the legs are located at the free edge of the seat surface of the car seat. The cushion legs engage the side walls of the car seat. The method includes the step of placing the infant into the car seat so that the infant is surrounded by the cushion base portion and legs to reduce the surface area of the car seat for the infant to occupy in order to help to minimize slouching of the infant in the car seat.